

# EMG rack bench press 3HR

<b>State</b>	<b>NEW</b>
<b>Category</b>	Press
<b>Brand</b>	EMG
<b>Model</b>	3 HR
<b>Serial number</b>	-
<b>Year of manufacture</b>	-
<b>Inventory number</b>	100006



## CHARACTERISTICS

Power: 400 kg  
Working stroke: 0 to 80 mm  
Adjustable headroom: 35 to 270 mm  
Gooseneck depth: 80 mm  
Angle of rotation per mm of stroke: 4°02  
Slide bore: 16H7 x 26  
Table bore: 14 H7  
Table: 130 x 120 mm  
Weight : 17 kg

## COMPOSITION AND ACCESSORIES

Options (non-included)

Non return system : stop the free lift of the operation lever in the last 9 mm of stroke if the bottom dead centre is not reached  
- Total stroke is only 70 mm with this system !  
Bottom dead centre fine adjustment  
5-digit-mechanical counter with reset switch  
Replacement of the operation lever by a 3-spoke capstan  
Set of 2 anvil stakes for T groove M6  
Shut Height + 200 mm  
Shut Height + 400 mm  
ER25 collet holder, with a collet chuck (2 to 16 mm Ø) and key of tightening  
Parts quality system with force and displacement transducer

